Menu Break

Freshly brewed coffee, tea and a selection of herbal infusions

Continuous coffee and tea

THE WESTIN

Freshly brewed coffee, tea and a selection of herbal infusions served with your choice of the below

Each additional item:

- \circ assorted homemade muffins: blueberry and almond, dark chocolate, cherry, walnut and oats
- \circ muffins \mathcal{V}
- \circ sultana oat flapjacks V
- \circ carrot, almond cake, cheese frosting $\mathcal V$
- \circ ~ assorted danish pastries $\mathcal V$
- o fruit skewers, yoghurt dip v gf
- \circ coconut cinnamon bread, fruit jam v
- \circ ~ salted chocolate, caramel tart $\mathcal V$
- \circ passionfruit, meringue pies \mathcal{V}
- \circ orange poppy seed cakes, citrus icing v
- $\circ \quad \text{Australian scones, jam, cream } \mathcal{V}$
- \circ ~ almond short cakes, berries $\mathcal V$
- \circ coconut, pandan madeleine cakes $\mathcal V$
- \circ ~ cinnamon cherry slice $\mathcal V$
- \circ sticky date pudding $\,\mathcal{V}$
- \circ raspberry cheese cake brownie \mathcal{V}
- \circ chocolate financier \mathcal{V}
- \circ florentine \mathcal{V}
- $\circ \quad \text{mini dundee cakes } \mathcal{V}$
- \circ pecan caramel pies \mathcal{V}
- \circ mini cup cakes: lemon, blueberry, chocolate, vanillav
- \circ ~ spiced strawberry linzer slice $\mathcal V$
- \circ ~ Spanish churros, dark chocolate sauce $\mathcal V$
- \circ raspberry opera \mathcal{V}
- \circ assorted mini doughnuts $\mathcal V$
- \circ chocolate sea salt cookies \mathcal{V}
- \circ apple vanilla jalousie slice \mathcal{V}
- \circ honey camomile tea cake \mathcal{V}

\$40.00 per person

\$15.00 per person

\$10.00 per person

\$6.00 per person

THE WESTIN

SAVORY SELECTION: Excludes coffee and tea

- \circ selection of dips, crisp vegetables \$15.00 per person \mathcal{V}
- \circ bagna cauda, crudities \$15.00 per person gf v
- Mexican quesadillas, avocado dip, salsa \$15.00 per person
- spicy lamb brochettes, yoghurt, tamarind dip \$15.00 per person
- o mezze selection, turkish bread \$15.00 per person
- o antipasto selection \$10.00 per person
- o platter of finger sandwiches for (10 guests; 4 pieces per person) \$110.00 per platter
- \circ Australian cheese platter, lavosh , crackers (for 10 guests) \$170.00 per platter u
- o seasonal sliced fresh fruit platter (for 10 guests) \$120.00 per platter
- \circ $\,$ seasonal whole fresh fruit bowl (for 10 guests) \$75.00 per bowl
- o shaved turkey, whole meal roll, lettuce, hummus \$8.00 per person
- o smoked salmon, cream cheese, chives, mini bagel \$8.00 per person
- \circ warm mini vegetable garden tartlets, goats curd \$8.00 per person v
- o bacon, egg roll, tomato chutney \$8.00 per person 🛲
- ham and cheese, wholemeal roll, tomato, mustard \$8.00 per person
- warm double smoked ham, cheese croissant \$8.00 per person
- \circ $\,$ bircher muesli, toasted almonds, berries \$8.00 per person $\mathcal V$
- \circ beetroot, apple, celery booster \$6.50 per person gf v df
- \circ carrot, ginger, orange zinger shots \$6.50 per person gf v df
- \circ raspberry, kiwi, blueberry smoothie \$6.50 per person gf v
- mini beef pies, tomato sauce \$8.00 per person

THE WESTIN

Energise With SuperfoodsrxTM



Powerfully paired – our delectable SuperFoodsRx[™] dishes pair whole foods to boost their nutritional benefits and flavours, Antioxidant-rich and naturally low in calories, our tempting selections make healthful meals impossible to resist,

Each of the following will be served with freshly brewed coffee, tea and a selection of herbal infusions

MORNING BREAKS \$8.00 PER ITEM

Uplift SuperFoodsRx

- \circ orange, mango, cranberry smoothie v gf
- o smoked salmon, avocado, chive, whole grain bread
- \circ red, green apple wedges, bee pollen yoghurt dip v gf
- whole skin-on almonds v gf df

Vitalise SuperFoodsRx-

- \circ pomegranate acai smoothie v gf
- \circ granola yoghurt muesli, apples, seasonal berries v
- o all natural turkey, avocado, tomato, whole wheat involtini

Thrive SuperFoodsRx

- \circ $\;$ peppermint scented fruits, green leaves shots $v \, \, {\it gf} \, df$
- o kiwi fruit walnut, yoghurt parfait v gf
- \circ spinach, sundried tomato, broccoli quiche V
- \circ raspberry infused green tea, soy milk, honey v gf



AFTERNOON TEA BREAKS \$8.00 PER ITEM

- $\circ~$ 72% dark bittersweet chocolate chips, popcorn "tutti-frutti" , walnut, almond, dried cranberries, raisins, apricots $\nu~g\!f$
- \circ minted orange, green apple, cinnamon yoghurt $v \ {\it gf}$
- \circ basil infused watermelon tomato water $v \ gf \ df$

Recharge SuperFoodsRx-

- \circ baked pita chips, black bean, red pepper hummus ${\cal V}$
- \circ cucumber dill tzatziki v g f
- \circ grape tomato, low fat mozzarella bocconcini, olives v gf
- \circ chilled orange infused bittersweet chocolate soy drink ν gf

ENHANCEMENTS \$8.00 PER ITEM

Tranquility SuperFoodsRx*

- \circ oven baked honey bran date muffin \mathcal{V}
- \circ three nuts and dried fruit blend v gf df

Soothe SuperFoodsRx*

 \circ hot green tea and 74% dark chocolate chips v gf

Stress Reducer SuperFoodsRx

 \circ ~ assorted dried fruits and nuts $\nu \, \, g\! f \, df$

THE WESTIN

Pure Refreshment



Fuel your day and enhance your wellness with Westin Fresh by The Juicery, an assortment of nourishing, health juices and smoothies, Curated in partnership with the experts at The Juicery, each of these custom blends packs a punch of revitalizing goodness,

For a better you,

JUICES & SMOOTHIES | \$8.00 PER ITEM

Juice

- \circ beetroot, acai, pomegranate, spinach, coconut water v gf
- \circ carrot, orange, ginger turmeric, mango juice $v \ gf \ df$

Smoothie

- \circ kale, spinach, banana, mango, cinnamon $v \ gf$
- \circ sweet potato, pineapple, kale, chia seeds, almond milk v gf